

Transitions Program

For Currently and Formerly
Incarcerated Students



Transitions Program Eligibility

To be eligible, individuals must:

- be formerly incarcerated or have prior criminal justice system involvement; on or off parole or probation
- possess the ability and commitment to perform college level work
- be motivated to succeed and benefit from a college education
- maintain satisfactory progress and complete at least 6 units each semester
- submit an Palomar College admission application
- submit a financial aid application from fasfa.edu.gov

Transitions
Program
Summer
Cohort

Student Commitment

- Students are expected to attend school Monday-Thursday from 9:00 am to 12:30 pm and participate in supplemental activities on Fridays over an eight-week term
 - June 21 to August 14, 2021
- Students must enroll in the Counseling 110 and Sociology 170
 - Counseling 110: College Success
 - Sociology 170: Intro to Justice Studies

Counseling 110: College Success

COUN 110 – (Transfer acceptability: CSU; UC) Provides students with the skills and knowledge necessary to reach their educational goals. Topics include academic learning strategies, college and life skills, diversity awareness and assessment of personal characteristics related to educational success. The role of race, ethnicity, gender, class, sexual orientation and age in higher education and personal identity is a central theme of the course.

Sociology 170: Intro to Justice Studies

SOC 170 – (Transfer Acceptability: CSU/UC) This course is an introduction to the interdisciplinary field of Justice Studies. An analysis of justice will be explored using sociological, philosophical, historical, and legal perspectives and methodologies. The course will emphasize social justice issues in the United States, with an emphasis on systems of inequality that affect people of color, women and other marginalized groups.

Friday Activities

Week	Instructional Component Sociology Class	Instructional Component Counseling Class	Activity	Goal/Objective
1	Justice/Legal Systems	Becoming a successful student: time management; learning styles	Ropes Course or Zip line	Team building; talk about challenges; establish goals
2	Social Justice/Intersectionality	Influence of diversity on early socialization and later experiences, values, assumptions and expectation	San Dieguito River Park Hike	Circle: discussion around identity
3	Classism/Racism	Skills Development: note & test taking, reading, writing/speaking & memory	Museum of Tolerance	Discussion about life experience and challenges
4	Exam/Caste in America	Choosing major courses & technology information	Beach Day	Team building activities; discussion about importance of self-care and establishing healthy coping mechanisms to relieve stress; BBQ
5	Race in criminal justice/legalized discrimination	Communication & relationships	Homeboy Industries	Discussion about life challenges and identity support system
6	Slavery/Terrorism/ Immigration	Memory matters	Chicano Park, Barrio Logan College Institute & SDSU	Tour of the Barrio Logan College Institute; Lunch at Friendship Park and presentation on history of the park
7	Vision/Strategies/Social Justice	Stress, health and wellness	The "P" hike/project CSUSM Tour	Build ownership of the campus
8	End of Summer	End of Summer	End of Summer Ceremony (Group)	Celebrate the student's accomplishments: end of summer luncheon/ certificate ceremony



Transitions Collective Student Club

- Support Network
- Weekly Check-in
- Club Events
- Visible – Part of the campus culture

Contact Information



Nora Kenney, Ph.D.

Transitions Program Coordinator

nkenneywhitley@palomar.edu

510-816-6672 (cell)

760-744-1150 x 3287

Transitions Program website:

www.palomar.edu/transitionsprogram

<https://www.youtube.com/watch?v=bCaoE0DiMZc>