

# Resilience Community Mentoring Program

# What is Resilience

- Resilience is a 6 Month Community Mentoring Program that supports justice-involved youth and young adults to transform into the best versions of themselves
- Partnership with the County of San Diego, Youth Probation and youth's families
- Group Sessions, Assigned Mentor, Experiences and Incentives

# Groups



# 1 on 1's



# Outings & Field Trips



# Why is Resilience?

- Moving from Surviving to Thriving (Resilience is the inbetween)
- Modeling and providing hope...
- What most of our youth deal with...generational cycles of gang activity...broken homes with limited resources...strong pull of neighborhood and negative
- Limited exposure to positive adult influences and experiences

# Where is Resilience?

- North County Youth referred via CRD (Probation)
- Oceanside, Vista, San Marcos, Escondido Schools
- Juvenile Court Schools
- Continuation Schools
- Referrals while youth are in custody
- Dedicated Safe Location in Oceanside

# Who is Resilience?

- Lived Experience Community Members that have transformed their lives



# The Impact of Resilience

# Stephanie & Jimena



# Navarro's



# Tyshun



# Steven



# Where Resilience is Going...

- Continuing to build up team
- Strong Nutrition and Wellness component to Program
- Life Skill & Entrepreneurship Partnerships (barbering, social media content creation, graphic designing and printing)
- High Quality After-Care

# Questions...



# Vista Community Clinic

[www.vistacommunityclinic.org](http://www.vistacommunityclinic.org)

(760) 631-5000 ext. 7110