

Effecting Change through the Use of Motivational Interviewing: Interactive Training for Skill Development

Sponsored By:

San Diego Regional Task Force on Homelessness, UCLA Integrated Substance Abuse Programs,
and the Pacific Southwest Addiction Technology Transfer Center (PSATTC), HHS Region 9,



Pre-Registration is Required!

Please try to log in 10-15 minutes prior to the training to ensure your audio and visual connections are working properly.

Through an extensive period of community input, the Regional Task Force on Homelessness produced the Continuum of Care's Homeless Outreach Standards. To ensure outreach workers throughout the county have the tools to work effectively with people who are unsheltered, and help them move into housing, the Outreach Standards contain training requirements in specific areas.

One of the training areas is Motivational Interviewing. The Regional Task Force on Homelessness has partnered with UCLA's Integrated Substance Abuse Programs to provide Motivational Interviewing training for outreach workers who do not have it available through their own organizations. Outreach workers only need to attend one training. The trainings will be 3.5 hours in length and they are highly interactive. Due to the interactive nature of the trainings, attendance will be limited.

Due to high demand for these trainings, you must attend if your RSVP has been accepted, OR notify Victoria Norith via email: VNorith@mednet.ucla.edu to cancel your RSVP within 1 week of the training.

**Dates
and Times:**

Wednesday, April 10th, 2024; 12:30pm-4:00pm PT

*Registration link: <https://uclahs.zoom.us/j/9483221172>

OR

Wednesday, May 8th, 2024; 8:30am-12:00pm PT

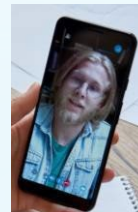
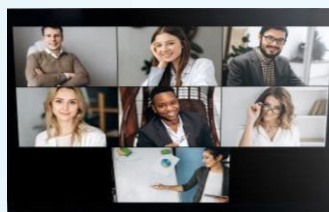
*Registration link: <https://uclahs.zoom.us/j/9483221172>


****You will receive a Zoom confirmation email if your registration has been accepted.**

**DO NOT SHARE YOUR UNIQUE ZOOM LOG-IN LINK WITH ANYONE –
ONLY ONE PERSON ALLOWED PER LINK**

**Camera and audio
use **Required**
for this training**

**In order to participate in this training you must be on video and audio!
This is an interactive, clinical skills training with person-to-person interaction.
Being on camera and audio is mandatory (computer, phone, or tablet).**



<p>Who Should Attend:</p>	<p>This three-hour live virtual training is free and is open to Homeless Outreach Workers who are interested in learning more about Motivational Interviewing.</p>
<p>Training Description and Core Clinical Components:</p>	<p>Motivational Interviewing (MI) is a conversation style to help people constructively talk about reducing health risks and changing behavior. MI is designed to enhance the client's/patient's own motivation to change using strategies that are empathic and non-confrontational. Motivational Interviewing, a treatment approach developed by William Miller, has been well established as an effective way to promote behavior change in individuals. MI's guiding helping style draws out the client's/patient's own strengths and desires to help them make changes to improve their health. Participants will learn about the fundamental MI Spirit, Principles and micro-skills in an experiential skill-development training. Ample time will be devoted to real play and group practice sessions to enable training participants to gain the skills necessary to engage their clients/patients and work to enhance their motivation for change.</p>
<p>Learning Objectives</p>	<p>At the end of this training, participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify at least three (3) components of the Spirit of Motivational Interviewing. 2. Distinguish at least two (2) ways that Motivational Interviewing is different from traditional medical approaches to counseling clients/patients with substance use problems. 3. Name at least two (2) principles of Motivational Interviewing. 4. Explain at least two (2) reasons why active listening is important before problem-solving solutions for the client/patient. 5. Describe at least three (3) of the MI micro-skills and explain how they can enhance a conversation about behavior change.
<p>Continuing Education:</p>	<div style="display: flex; align-items: flex-start;">  <p>Each training course meets the qualifications for the provision of three (3.0) continuing education credits/contact hours (CEs/CEHs). UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Each course meets the qualifications for three (3.0) hours of continuing education credit for LMFTs, LCSWs, LPCCS, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N- 00-445-1125), CATCs (ACCBC/CAADE, #CP 40 872 C 0825), and CAODCs (CADTP, #151). Provider is approved by the California Board of Registered Nursing, Provider #15455, for 3.0 contact hours. Partial credit will not be available for those participants who arrive late or leave early.</p> <p>Continuing education credit will be awarded within 6-8 weeks following completion of the virtual training.</p> </div>

Capacity for each training is 50

You will be notified if space has been reserved for you upon receipt of your online registration.

******Please be sure you received a confirmation email before attending the training******

Please contact Victoria Norith by phone (310) 267-5408 or e-mail at VNorith@mednet.ucla.edu if you have questions, concerns, special needs, or require additional information before registering for the training.



If you need a disability-related reasonable accommodation/alternative format for this event, please contact Victoria Norith by phone (310) 267-5408 or e-mail at VNorith@mednet.ucla.edu at least 1 week before the training.

Refund/Cancellation Policy: Notice of cancellation must be made at least 1 week in advance of the training by contacting Victoria Norith by phone (310) 267-5408 or e-mail at VNorith@mednet.ucla.edu. You can also cancel directly via zoom.

Instructions for Filing a Grievance Concerning UCLA ISAP's Continuing Education Program:

Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 10911 Weyburn Avenue, Suite 200, Los Angeles, CA 90024) or by phone (310-267-5397).

Alternately, you may contact Dr. Gloria Miele or Dr. James Peck, ISAP-affiliated doctoral-level psychologists responsible for program planning for the ISAP CE Program. Drs. Miele and Peck can be reached in writing at: 10911 Weyburn Avenue, Suite 200, Los Angeles, CA 90024, Los Angeles, CA 90025 or by phone at: 310-267-5888 (Miele) or 310-267-5346 (Peck).
